

## GENIUS (RF MICRONEEDLING) TREATMENT - BEFORE AND AFTER

### PRE-TREATMENT

- Discontinue any Retinol use 1 week prior to RF treatment
- Patients with a known history of acne breakout or HSV 1 and 2 lesions should begin RX treatment at least 1 day prior to treatment session. Do not get treatment if severe acne breakout or active HSV lesions are present within the treatment area.
- For Men: 1 day prior to treatment, shave any course hair in desired treatment area.
- On day of treatment patients should thoroughly wash face and not apply any make-up, lotions, sunscreen or any other cosmetics to the skin of the treatment area prior to arriving at facility.
- You will be prescribed a topical anesthetic (RX\*\*). Apply topical anesthetic\*\* 60 minutes prior to your treatment time. For a small percentage of patients, we may prescribe additional RX medications, for day of treatment only.
  - \*\*RX topical anesthetic (23% Lidocaine/7% Tetracaine)-RX'd Ship-to-Patient via Magnolia Pharmacy  
Magnolia Pharmacy: 18230 FM 1488, Suite 100, Magnolia TX 77354 Ph#281-356-9089
- Additional RX medications, if required, will be available for pickup at Pinecroft Pharmacy ONLY.
- Apply/Take all RXs 60 min prior to treatment-MUST have a driver available if taking additional RX's  
Pinecroft Pharmacy: 9305 Pinecroft Dr, Suite 102, Shenandoah, TX 77380 Ph#281-466-3650

### POST-TREATMENT INSTRUCTIONS

- Postoperative stinging can be alleviated by the application of ice packs wrapped in sterile gauze or gauze soaked in cold water
- The treated area should be gently washed at least twice daily with mild soap and water
- A crust may form over the treated lesion. Do not rub or forcefully remove the crust, allow crusts to fall off naturally. If a crust is forcefully removed, scarring may occur
- Once the crust has fallen off, immediately start to use sun block on the treated area
- Sunblock (UVA/B, >SPF30, PA++) should be applied at least 1 hour before going outdoors. Sunblock should be re-applied after going into water and at intervals according to product instructions. Sunblock should be used in treatment area for at least 6 weeks
- Apply a post-treatment moisturizer per provider/physician's recommendation.

### EXPECTED SKIN REACTIONS AND RESULTS

#### Reactions:

- 1-2 weeks Post-Treatment: Redness and potential inflammation are the most common side effects, skin typically begins to turn to a condition similar to before treatment within this time.
- 2-4 weeks Post-Treatment: Some lingering redness and needle indications/grid marks may be seen, especially neck and chest area

#### Results:

- 1-2 weeks Post-Treatment: Brighter skin tone and significant reduction in sebum secretion in oily skin types.
- 1 month Post-Treatment: Improvement of fine wrinkles and skin laxity.
- 1-3 months Post-Treatment: Continuous improvement of fine wrinkles, pore texture, scars and skin laxity.

*No guarantees can be or have been made concerning expected results. Microneedling treatments are cumulative treatments and effects are typically more notable after several sessions than after a single treatment. Please discuss your individual results with your provider during follow up sessions, so that they may provide you with the best result possible. Treatments are charged per session.*